



# LACEY FIRE DISTRICT THREE

*Making A Difference*

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## **Don't Get Burned in the Kitchen**

Many people consider their kitchen to be a place for relaxing and socializing with friends during holiday celebrations and family gatherings however, "the kitchen is the leading area in the home where fires occur," says Fire Chief Jim Broman.

Your Lacey Fire District 3 offers the following cooking fire safety tips:

### **To prevent a cooking fire –**

- Never leave the stove unattended.
- Do not wear loose fitting clothing while cooking.
- Clean cooking surfaces to prevent food and grease build-up.
- Keep towels, pot holders and other flammable items away from stove surface.
- Turn pan handles inward to prevent food spills.

### **To put out a cooking fire –**

- Stovetop - Slide a pan lid over flames to smother a grease or oil fire, then turn off the heat and leave the lid in place until the pan cools.
- Oven - Keep the oven door shut and turn off the heat.
- Microwave – Keep the door closed and unplug the microwave. Have the unit serviced before using it again.
- Keep an ABC-rated fire extinguisher in the kitchen and know how to use it.
- For any fires that do not go out quickly, evacuate the area and call 9-1-1.

### **To prevent burn injuries –**

- Keep clothing well away from burners and other heat sources.
- If clothing catches fire, remember to Stop, Drop and Roll.
- Cool a burn with running water. Depending on the severity of the injury, it may be necessary to see your doctor or call 9-1-1 for emergency response.

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**PREVENT FIRES**  
**IT'S YOUR JOB!**